

BREAKFAST MENU FOR NOVEMBER 2024
(subject to change)

Monday - French toast or bagel with cream cheese.

Tuesday - Bagel with cream cheese and sausage.

Wednesday - Breakfast pizza or bagel with cream cheese.

Thursday - Pancakes and sausage (ES) or bagel with cream cheese and sausage.

Friday - English muffin with egg and ham or sausage and cheese or bagel with cream cheese.

Cereal, toast, fresh fruit and yogurt are available daily at ES and MS-HS.

All breakfasts include milk and juice. Students must take a fruit or vegetable.

LUNCH

Sandwiches available daily:

Peanut butter and jelly, tuna, ham, turkey, cheese and egg salad (subject to change)







Salad bar available daily at MS-HS

Hummus or legumes

Fresh fruit, vegetables and milk are available with lunch daily at the ES and MS-HS.

Gluten-free options are available daily.

LUNCH MENU FOR NOVEMBER 2024
(subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Deluxe cheeseburger on a bun Sweet potato fries Steamed broccoli Fruit and milk
4 Crispy breaded baked chicken drum sticks BBQ baked beans Tater tots Fruit and milk	5 Staff Development Day No School	6 Pizza crunchers Marinara sauce Green beans Fruit and milk	7 Stuffed crust pizza Tossed salad Fruit and milk	8 Macaroni and cheese Baby carrots Fruit and milk
11 Veterans Day No School 	12 Brunch for Lunch Mini pancakes Chicken sausage Hash brown potatoes Fruit and milk	13 Hot meatball sub Tossed salad Fruit and milk	14 Pizza Tossed salad Fruit and milk	15 Turkey and cheese pretzel melt (ES) Burgers (MS-HS) Sweet potato wedges Fruit and milk
18 Popcorn chicken Corn Fruit and milk	19 Pork burrito rice bowl (ES) Walking taco (MS-HS) Refried beans Fruit and milk	20 Hot turkey Gravy and stuffing Mashed potatoes Carrots Dessert  Fruit and milk	21 Personal pan pizza Tossed salad Fruit and milk	22 Grilled cheese sandwich Tomato soup Steamed broccoli Fruit and milk
25 Parent/Teacher Conferences 1/2 Day	26 Parent/Teacher Conferences 1/2 Day	27 Happy Thanksgiving! No School	28	29

For a complete meal, you must take a minimum of three items. One item must be a fruit or vegetable.

Mrs. Marion Carr, Cafeteria Manager, can be reached at (315) 683-5327 or mcarr@fabiuspompey.org.

Ala Carte Prices 2024-2025

Item:	Cost:
 Breakfast Entrée	\$ 1.85
Lunch Entrée 	\$ 2.25
Fruit roll-up	\$ 0.80
Fruit/Veg Side 4oz.	\$ 0.60
Graham Cracker/Scooby	\$ 0.75
Granola Bar	\$ 1.00
Ice Cream Cone	\$ 1.25
Ice Cream Stick	\$ 1.00
Juice Cup 4 oz.	\$ 0.60
Milk Carton, any flavor 8 Oz.	\$ 0.75
Mott's Fruit Snack	\$ 1.00
Rice Krispy Treat	\$ 1.00
Snack Chips	\$ 0.80
Water 	\$ 1.25

COMMUNITY ELIGIBILITY PROVISION

Implemented in the 2024-2025 School Year

All students in grades Pre-K through 12 will receive breakfast and lunch at no cost.

Additional entrees and ala carte items are subject to the prices on the ala carte price list.

Please complete the Community Eligibility Provision (CEP) / Provision 2 Non-Base Year Household Income Eligibility Form if you qualify for free and reduced school meals. Please return your completed application for the 2024-2025 school year to Mrs. Carr. The application is available on the Cafeteria page of the District website.

ONLINE PAYMENT FOR LUNCH ACCOUNTS

Payments for lunch accounts can be made online at myschoolbucks.com. A student ID number is necessary to make a payment and can be obtained from the cafeteria.